

# ENT Associates of San Diego

Ear, Nose and Throat Associates of San Diego  
A Medical Corporation

Otolaryngology for Adults and Children  
Head and Neck Surgery

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## Balance and Head Pain Survey

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

To help determine if you have a balance disorder or jaw joint dysfunction, please take the self-test below. If you answer "yes" to one or more of the questions, you may be at risk. If you have a problem, please share this with your doctor as therapy may be available to improve your symptoms.

Please read each question and check the box that best describes your answer	Yes	No	Sometimes
1. Have you fallen in the last year?			
2. Do you feel dizzy when lying down or in bed?			
3. Do you feel unbalanced/insecure when walking?			
4. Do you feel pain or pressure in your jaw, ears or face?			

*Please return this form to the doctor or staff during your visit.*